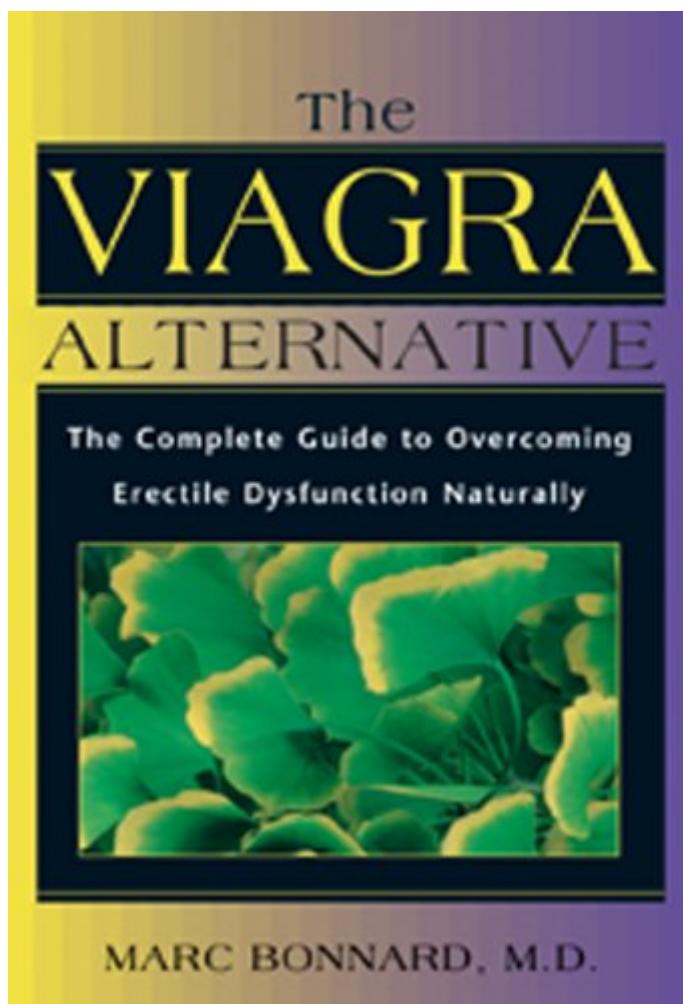


The book was found

The Viagra Alternative: The Complete Guide To Overcoming Erectile Dysfunction Naturally



Synopsis

â¢ The most comprehensive guide to natural, safe, and permanent cures for impotence. â¢ One of Europe's leading sex therapists introduces psychological and sexual techniques that can help the more than 30 million men who suffer from impotence. â¢ Emphasizes holistic cures that treat body, mind, and spirit, including herbal remedies, homeopathy, yoga, aromatherapy, and diet changes. For those men who wish to avoid the risks of Viagra, The Viagra Alternative offers the most up-to-date information on natural, safe, and long-term cures for impotence. Recognizing that a healthy sex life is impossible without physical, mental, and emotional well-being, Dr. Marc Bonnard focuses on healing the whole person with treatments ranging from herbs such as ginkgo, ginseng, saw palmetto, and yohimbe to homeopathy, acupuncture, diet, yoga exercises, aromatherapy, and the introduction of new sexual techniques. Dr. Bonnard places special emphasis on relationship therapy, demonstrating that more often than not an enjoyable sex life can be restored without resorting to chemicals or supplements of any kind. By exploring the range of options outlined in The Viagra Alternative, men need no longer rely on a dangerous little pill to improve their sexual lives.

Book Information

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Customer Reviews

I was one of the first people in line when Viagra, the acclaimed wonder drug, first came out. Unfortunately, my problems could not be overcome by a mere blue pill. The wonderful techniques employed by this book, including the numerous nonpharmaceutical organic natural remedies were a great help to me. The writing was brilliant, and recipes were as easy as one, two, three.

Too old though informative the dated info is just not on target in this age of tech advanced research and development. There are tons of things that can't be found in this book because it is way to dang old.

Great reading material - would recommend it to anyone who is seeking alternative medical remedy for ED and sexual fitness.

Rehash of old material but may be OK for someone without a background in the subject matter

It was incomplete and behind the times and it lacked research. It did not tell the whole story of natural healing of erectile dysfunction..

It was an ok book seller's arival time was Great

A book that teaches the average man about the perils of Viagra and how these can be avoided by using only natural methods. The book explains why Viagra is dangerous to some people and offers a natural and clean alternative for a healthy erection and sex life. A good book but with gaps in structure, i found out that "Volume II - Natural Penis Enlargement: New methods of avoiding and curing impotence, premature ejaculation, and erectile dysfunction safely and inexpensively. ... Book on CD-Rom for PC & Mac Computers" by Platinum Millennium has much more information about sexual disorders and is structured with greater detail than this one

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